



Takraw Australia

Australian Sepak Takraw Association

PO Box 491 Nightcliff NT 0814

info@takrawaustralia.com

www.takrawaustralia.com

facebook.com/TakrawAustralia

Australian National Sepak Takraw Team 2015 plan

Correct as of 1st September, 2014

The goal of Takraw Australia

The intention of Takraw Australia is to have a list of around 10 to 20 men's players and 5 to 10 women's players (aka a loosely formed national squad) that we can select from when Australia competes at international events in 2015. By making selection criteria clear and helping players with ideas for training drills, we hope that more players all around Australia will better understand how they can train more effectively to improve their performance and perhaps be selected to play for the national team.

Proposed appearances for national team in 2015

1. Training camp for ANY interested sepak takraw players from Australia. To be held in Thailand, around March/April 2015 (unconfirmed)
 - a. Travel and food expenses to be paid for by players
 - b. Coaching/accommodation to be arranged by Alex Newman and Daniel Ellen-Barwell – expenses to be announced
2. Super Series Challenger, Singapore – 1st to 3rd of May 2015
 - a. Travel and accommodation paid for by organisers
 - b. Men's Regu event only
 - c. Team of up to 5 players, 1 coach, 1 manager
3. World Cup, Bangkok, Thailand – 6th to 10th May 2015
 - a. Travel and accommodation paid for by organisers
 - b. Men's and women's Regu event
 - c. Team of up to 5 male and 5 female players, 1 coach, 1 manager
4. King's Cup, Bangkok, Thailand – probably around August 2015
 - a. Accommodation to be paid for by organisers, travel to be paid for by players.
 - b. Men's and Women's Doubles, regu and team event
 - c. Team of up to 15 male and 15 female players, 2 coaches, 1 manager
 - d. **Beginner and intermediate players, male and female are encouraged to apply for selection for this event!**
5. An international event in Darwin around October 2015 (unconfirmed)
 - a. Details to be announced.



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Selection of national team

1. ASTA appoints Alex Newman and Daniel Ellen-Barwell as the selectors for the national team.
2. Alex and Daniel are both current players, and so there exists a conflict of interest for them to be both players and selectors. However, since the Australian team currently does not have a coach, Alex and Daniel are the most qualified/knowledgeable people within the Australian takraw community to select a national team – due to their experience training and playing takraw overseas with high-level takraw players and coaches (such as the Ratchaburi takraw club). Daniel and Alex are trusted to put the team ahead of their personal goals – ie. If they think another player would be more suitable for an event (based on the selection criteria below) then they will select that person over themselves.
3. If the Australian team appoints a coach or finds someone more qualified to select the team, Alex and Daniel will step aside as selectors.
4. Any person wishing to be considered for selection for the national team must provide contact details (such as phone number, email address, facebook page) to either Alex or Daniel as soon as possible so that they can send event information and cut off dates for selection when required.
5. Any person wishing to be considered for selection must provide video footage of their skills as per the selectors' criteria at a bare minimum (The selectors will release a suggested list of skills/drills to record, contact info@takrawaustralia.com for details). If possible, the selectors will also hold tryouts or travel to meet and train with prospective players.

The selection of the national team will be made based on the following:

Primary selection criteria:

- Player must be an Australian citizen or permanent resident.
- Basic control – how good the player is at basic control, using all 7 body parts (left and right toes, left and right instep, left and right knees, head).
- Positional skill – how good the player is at their given role (spiker, feeder, server).
- Secondary position skills – how good the player is at a secondary position (eg. Can a spiker serve if no servers are available for a given competition)
- Receiving serves and spikes – how good the player is at receiving serves and spikes in a game situation.
- Fitness - positional endurance, ability to perform when tired and maintain intensity. This component is purely based on on-court fitness.



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Secondary selection criteria:

- X-factor – effectiveness of the player in a game eg. A server that looks weak in training, but opponents struggle to play against them for whatever reason.
- Psychology – how well the player deals with pressure in a game situation.
- Morale – is the player a positive asset to team morale on and off the court.
- Commitment – How keen the player is, how much time they spend training.
- Scope for improvement – related to commitment. If the player gains experience, are they liable to improve and become a better player for future competitions.
- No dick heads policy – No dickheads allowed. As a representative of Australia travelling overseas, players should show respect to people of other cultures, religions etc. at all times on and off the court.

These criteria will be taken into consideration with the best short-term and long-term interests of the team in mind.

If you are interested in being considered for selection or want to know more, please contact the Australian Sepak Takraw Association by email at: info@takrawaustralia.com